



Orange City Home
Health & Hospice
ORANGE CITY AREA HEALTH SYSTEM



Online Grief Support & Resources

General Grief Support

[What's Your Grief](#) - Articles, podcasts and resources for understanding and navigating grief.

[Grief.com](#) - Resources and guidance for understanding grief and loss.

[Grief Share](#) - Grief support groups and resources for those grieving the death of a loved one.

[Web Healing](#) - Support information for healing after loss.

[Grief Net](#) - A trusted resource of information on grief and bereavement topics.

Support for Specific Types of Loss

[Adult Sibling Grief](#) - Resources specifically for those grieving the loss of a sibling.

[The Compassionate Friends](#) - Support for parents and families following the death of a child.

[Association for Death Education & Counseling](#) - Advancing death education

[AirCraft Casualty Emotion Support](#) - Supports families who have died in air disaster tragedies.

Support for Children & Families

[National Alliance for Children's Grief](#) - Resources to help children and families navigate loss.

[The Dougy Center](#) - Grief resources and support for children, teens, young adults and families.

[Sesame Street in Communities](#) - Age-appropriate tools for young children.

[Courageous Parents Network](#) - Resources for parents grandparents, and extended family.

[Fernside Center for Grieving Children](#) - National pen pal program

Writing & Sharing Your Grief

[After Talk](#) - An online community to share your story and find support.

[Open to Hope](#) - Write letters to your loved one and receive compassionate replies

[Chicken Soup for the Soul](#) - Submission accepted for stories of hope, healing, and inspiration.

