

## **Orange City Area Health System Community Health Needs Assessment Implementation Plan 2022 CHNA**

### Summary:

Orange City Area Health System (OCAHS) believes the implementation of the Community Health Needs Assessment (CHNA) is vital to our mission of “serving the health and well-being of the area”. Many of the steps in the implementation strategy are ongoing operational initiatives. OCAHS is committed to working with other area critical access hospitals, other health care providers, Community Health Partners, and diverse groups of consumers, in serving the health needs of the area.

### Implementation Strategy Development:

Upon completion of the CHNA and approval by the Board of Trustees in July 2022, an analysis and review of the CHNA was conducted internally at OCAHS to identify implementation steps.

### Identified Health Needs/Prioritization:

As indicated in the CHNA, the following health needs were identified and prioritized:

1. Mental Health
2. Social Determinants of Health – ongoing assessing and addressing
3. Heart Disease Prevention
4. Health Care Access

### Implementation Steps:

#### **Mental Health:**

##### Action Plan:

1. Recruitment and hiring of an Advanced Practice Nurse Practitioner that specializes in mental health. This adds a prescribing specialty to our current behavioral health provider staff.
2. Explore option of adding a licensed medical social worker in the clinic.
3. Participate in mental health awareness activity each May called Chalk the Walk put on by Healthy Sioux County Coalition.
4. Collaborate with Community Health Partners to offer Unlocking Brain Fitness, a dementia prevention program at Landsmeer Ridge.
5. Offer Medicare Annual Wellness Visits in our clinic that address anxiety and depression among other wellness indicators.
6. Continued integration of behavioral health with primary care in our family medicine clinic.
7. Ongoing telemedicine psychiatry consults in our Emergency Room

#### **Social Determinants of Health – assessing and addressing**

##### Action Plan:

1. Health System engagement with Orange City planning leaders to explore ways to address social determinants of health needs as a community.
2. Collaborate with Community Health Partners to offer Unlocking Brain Fitness program at Landsmeer Ridge.
3. Expansion of housing opportunities in our community by building of Kanaal Huis Condominiums.
4. Explore option of adding a licensed medical social worker in the clinic.
5. Care coordinator and social work staff address individual patient needs on inpatient units.

6. Continue to offer financial counseling and financial assistance programs.
7. Staff participate in county wide emergency preparedness coalition to plan/address community needs such as vaccination, emergency preparedness and supplies.

### **Heart Disease**

#### **Action Plan:**

1. Collaborate with CHP and other hospitals in the county to offer an in-person weight loss and diabetes prevention program beginning in the fall of 2022.
2. Offer a variety of fitness class options to employees and the community.
3. Provide heart health education for public once a year.
4. Indoor walking path at downtown campus and exercise pool in rehab department open to the public at no charge.
5. Collaborate with Community Health Partners to offer Unlocking Brain Fitness program at Landsmeer Ridge.
6. Cardiology specialists on site twice a month.
7. Provision of Phase III Cardiac Rehab Maintenance program.

### **Health Care Access**

#### **Action Plan:**

1. Build additional independent living condos as an extension of our senior living program (Kanaal Huis at the Canals)
2. Renovate/expand Landsmeer Ridge with goal of improving ability for tenants to age in place and delay or prevent need for nursing home care.
3. Addition of a third general surgeon in 2022.
4. Addition of a family practice physician in 2021, 2022 and 2024.
5. Explore options for additional oncology specialist on-site.
6. Addition of an ophthalmologist to our staff, which will increase availability of cataract and other eye procedures done locally.
7. Explore re-location of our pharmacy area to add convenience of curbside service and private area for pharmacy medication consults.
8. Staff recruitment and retention efforts will continue as coordinated by OCAHS HR department and administration.
9. On-site Spanish interpreter as well as 24/7 language line availability.

#### **Needs Not Being Addressed:**

OCAHS believes we are addressing identified needs; in addition, we will support and collaborate with other critical access hospitals, the local public health agency and other providers in our community on health improvement strategies as appropriate.

#### **Date Approved by Hospital Governing Board:**

Board approval of CHNA: July 20, 2022

Board approval of implementation plan: Dec 21, 2022

It is our sincere hope and expectation that the CHNA process will help enhance the services we provide and improve the health of our community. Input can be provided to any member of the health system administrative team by calling 712-737-4984.