

# 2025 Annual Report to our Communities



**Human Tech.**

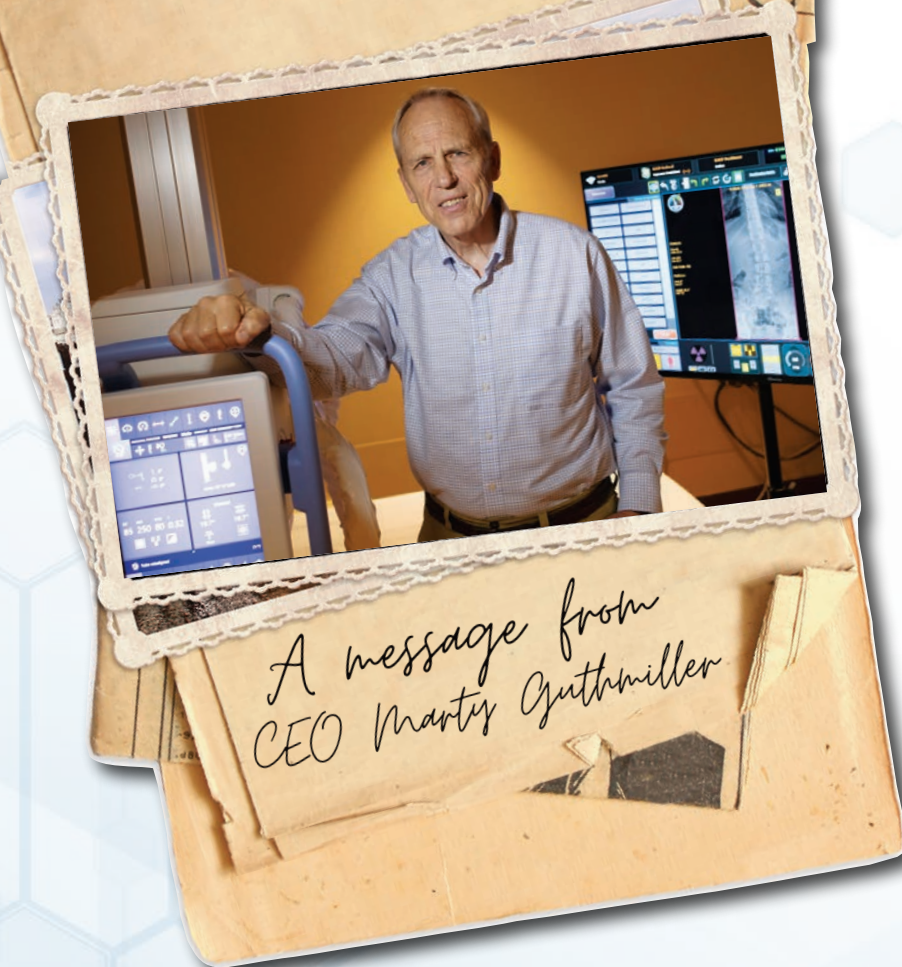
*Human Touch.*



**Orange City Area  
Health System**

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## Human Tech. *Human Touch.*

The common word: *human*

We firmly believe that a building and its technology are wonderful things, and we have invested – and will be investing – in both to bring the latest advances to those we serve.

Yet, without the skill of the staff taking care of the buildings and operating the technology, they are simply inanimate tools.

It is with this belief that we seek to fulfill our mission of providing **the best technology in the hands of the best people to provide the best possible care.**

*That is our commitment to you. To invest in you – in both areas of “technology” and “touch.”*

Please enjoy our 2025 Annual Report. And thank you for the trust and confidence you place in us, year after year. We do not, and will not, ever take that for granted.



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# \$111.5 *million*

Orange City Area Health System impact on the local economy in 2024. That touches a lot of humans!

## *An* **eye** **on A.I.**

While the content and layout/design of this Report to the Communities was not generated by Artificial Intelligence, we acknowledge that A.I. will, without a human doubt, affect much of what we do as a healthcare provider in the near future.

From “legacy” communication materials (like the good ole annual report) ... to financial analysis, billing and insurance, patient access, provider schedules, and even medical screenings and diagnoses ... A.I. technology must be embraced as just another tool in the toolbox, used by skilled – and compassionate – human hands.

***Human Tech ... Human Touch ... should never become “artificial.”***

Thank you for trusting us – all of us dedicated colleagues – to be your partners for a lifetime of care.

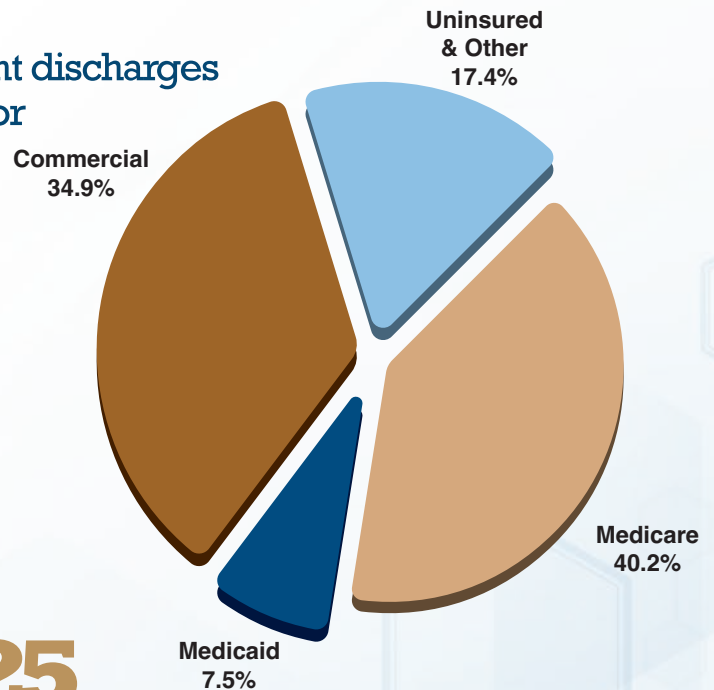




## Fiscal year 2025

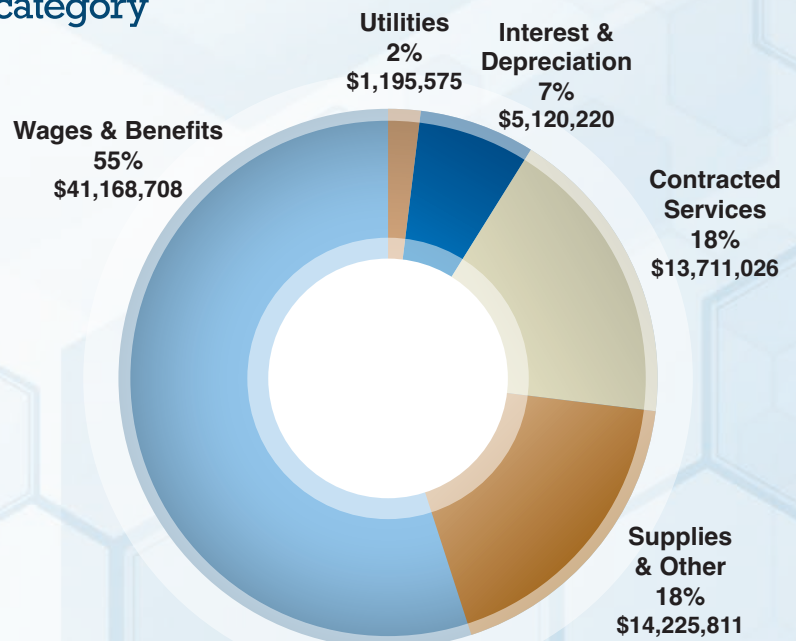
Health system revenue	\$104,117,942
Uncompensated care	\$27,503,443
Health system expenses	\$75,591,355
Non-operating revenue	\$1,445,643
Inpatients admitted	696
Outpatient visits	86,973
Surgical & endoscopy procedures	1,977
Radiology/imaging procedures	19,815
Laboratory procedures	376,160
Births celebrated	222
Emergency room visits	4,467
Ambulance runs	536
Medical clinic visits	57,599
Home Health visits	5,133
Cafeteria meals served	60,000
Average cost per day to operate	\$206,634

## Inpatient discharges by payor



**fy25**

## Health system expenses by category



**1,130 jobs**

Orange City Area Health System generated 1,130 jobs that generated \$58.4 million in total wages, according to the latest study by the Iowa Hospital Association.





# The future of surgery is here

## Meet da Vinci 5

*The science of life for the art of living*

Orange City Area Health System introduced the latest advancement in surgical technology by acquiring and installing the da Vinci 5 Surgical Robot this past year. This state-of-the-art system is designed with the goal of further advancing technology used in minimally-invasive care. This new robot, the first to be installed in Northwest Iowa, is used for minimally-invasive surgical procedures for urology, gynecology, and general surgeries.



During installation, Marty tried his hand at moving the robot's "hands."



An open house on November 11 invited area high school students, OCAHS staff, and members of the community to "Meet da Vinci."



**Human**



# Zero

**Surgical site infections = 0**

**Surgical-related blood clots = 0**

**Surgical-related sepsis = 0**

FY2025

**Meet our General Surgeons**

Dr. Steve Locker, Dr. Brent Nykamp, Dr. Dan Locker



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## Technology in motion

This past year, we implemented “X-rays that move” in our Radiology department with the implementation of Dynamic Digital Radiography (DDR) – the first hospital in the area to offer this advancement in digital X-ray technology. It’s part of our mission to provide *top quality healthcare that’s personal and easy to access locally, enhanced with the best tools and technology.* The DDR system allows radiologists to observe “anatomy in motion.” It can enhance imaging for fertility studies, orthopedics including full spine X-rays and joint mobility, swallowing studies, and respiratory and lung function studies.

n Tech

# 19,815

Radiology/Imaging procedures across all modalities (mammogram, CT, MRI, X-ray, Ultrasound, DEXA, and others)

FY2025

### Meet our Radiologists

Dr. Jameson Guthmiller, Dr. Gary Famestad



## What's your story?

“On February 13, 2025, I underwent open heart surgery — an experience that changed my life in ways I couldn’t have imagined. It was a major event, both physically and emotionally, and while I knew it would be challenging, nothing truly prepares you for the journey ahead. I held onto faith and the belief that my story wasn’t done yet.

“Cardiac rehab was a vital part of my healing journey. I “graduated” on June 16, 2025, and that milestone meant so much to me. The program helped me regain physical strength through monitored exercise, taught me about heart health, and gave me tools to make lasting lifestyle changes.”

***“But more than that, it gave me hope.”***

Angela Kilbride, Orange City



Read more of Angela's story here:



## On the move ... to serve you better...

Our Cardiac Rehab Center is in the process of relocating to the previous Surgery Center waiting area. This move serves two purposes, both designed to enhance convenience and provide better service and response. First, it will allow for the expansion of our Surgical suite by adding a fourth operating room as well as a dedicated procedure room (for pediatric dental surgeries and pain management procedures, for example). The new OR is located close to our Birth Center and will be used for all c-sections. And one of the ORs is equipped with the da Vinci 5 surgical robotic system. Secondly, this beautiful, light-filled Cardiac Rehab space next to the main lobby will give our cardiopulmonary patients the inspiration that has been at the heart of our health system’s mission since we opened this campus in 2006: to provide a total healing environment.





Orange City Area Health System has been recognized as one of America's Best Hospitals for Obstetrics by the Women's Choice Award®, placing it among the top-performing hospitals nationwide.

Specifically, OCAHS ranks in the top 1% of over 4,600 U.S. hospitals offering obstetric services.

*The Women's Choice Award helps women make informed healthcare decisions by identifying hospitals that deliver the highest quality care and patient experience – especially critical during labor and delivery, where complications can arise unexpectedly.*

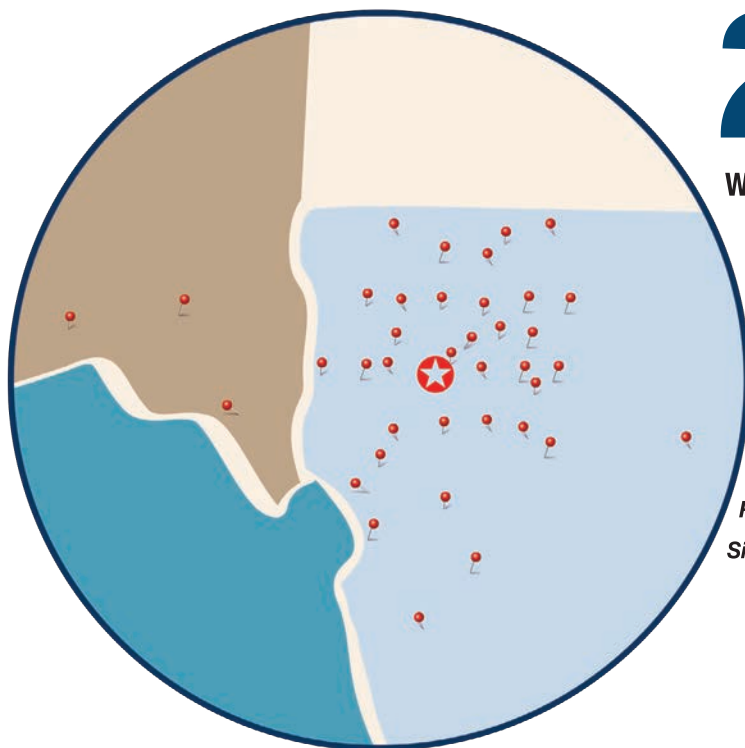
**"I cannot express how thankful I am for the staff (at OCAHS). When I went into preterm labor at 32 weeks, everyone I interacted with was helpful and reassuring. Although it was a scary situation, I never felt helpless or hopeless. Every single person provided care, compassion, and made me feel safe."**

*What's your story?*



**"We had our first baby at Orange City Area Health System ... and when we moved an hour away, we knew we wanted to continue our fertility and OB care here. It was the right choice for our family ... and we welcomed our healthy baby Lucy in January (2025)."**

**Megan & Zach Lovin,  
Albert City, Iowa**



## 222 Babies

**We welcomed 222 babies in FY25 from 40 different communities\* throughout the tri-state area.**

*\*Albert City, Alburnett, Alton, Anthon, Archer, Ashton, Boyden, Calumet, Cherokee, George, Granville, Hartley, Hawarden, Hinton, Hornick, Hospers, Hull, Ireton, Kingsley, Le Mars, Marcus, Maurice, Meriden, Merrill, Ocheyedan, Orange City, Paullina, Primghar, Remsen, Rock Rapids, Rock Valley, Sanborn, Sheldon, Sibley, Sioux Center, Sioux City, Sutherland, Utica, Vermillion, Viborg*



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Orange City Area Health System earned a 2025 Performance Leadership Award for excellence in **Patient Perspective**. Compiled by The Chartis Center for Rural Health, the Performance Leadership Awards program recognizes top quartile performance (75th percentile or above).



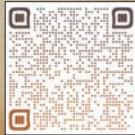




"Because of the great (birth)care we experienced, we continue to receive our family medicine care at Orange City Area Health System and appreciate that as a rural hospital, they have a pediatrician on staff. Our one-hour drive is worth it to receive this exceptional care and service."

Michael and Maria Gallagher, Hornick, Iowa

Read more of the Gallagher family's experience with cancer, birthcare, and family medicine:



# 9,456

The number of pediatric patient "encounters" in our Physical/Occupational/Speech Therapy department. This represents 458 kiddos served by our incredible PT/OT/SLP team in FY25.

## Human Tech



### Introducing Inspire® Sleep Apnea Therapy

Orange City Area Health System now offers Inspire, a minimally invasive, implantable therapy designed to help people with obstructive sleep apnea who have tried and struggled with CPAP.



Dr. Sarah Powell offers Ear-Nose-Throat (ENT) clinic and procedures at Orange City Area Health System, including the Inspire implant for obstructive sleep apnea.



Our Laboratory department is excited to bring additional molecular testing in-house with the implementation of the Biofire FILMARRAY Analyzer. The key advantage of bringing this molecular testing to our Lab is a much quicker turnaround time for results when compared to conventional microbiology culture options.

One test that we are extremely excited to offer is a molecular blood culture identification panel. One of the benefits is a decrease in the time to get a patient on optimal antibiotic therapy. A second benefit is a decrease in the number of days of antibiotic therapy. A final benefit is a reduction in the number of days hospitalized.



# Head



# Shoulders



"I lived with daily headaches for years, and I had reached a point where they were affecting every part of my life: my job, my sleep, and even simple things like spending time with my family. I had tried medications, lifestyle changes, and countless treatments with little relief.

"When my provider suggested Botox injections, I was honestly skeptical. I didn't know if it would help, and I was nervous to get my hopes up. But after my first couple of treatments, I noticed a real difference. My headaches became less frequent, less intense, and far easier to manage. For the first time in years, I could go days without thinking about pain.



*"Botox hasn't just decreased my headaches – it's given me back my quality of life. I'm more present, more productive, and I finally feel like myself again."*

*Katie Phillips, Orange City*



*"Everyone I dealt with had great professionalism and also had a great sense of humor – and was willing to listen and talk about anything, even outside of the medical procedure that was going to be done. For me that is important. I like to get to know the doctor who is taking my life in his hands."*

*Jerry Vermeer, Maurice*

**Read Jerry's shoulder surgery story here:**



## Botox® injections for chronic migraines ...

# What's your



*Part of our comprehensive pain management offerings*

Anesthesiologists Dr. James Jeltema and Dr. Brett Guthmiller offer a range of personalized pain management plans using medications, procedures, therapy, and complementary techniques to enhance comfort, mobility, and quality of life.



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# Knees & Hips...

"It was so important knowing I was going to have state-of-the-art technology for my knee surgery. From my first consultation to post-surgery care, the entire team was incredible ... so compassionate and attentive during my recovery."

Lyle Lundgren, Orange City

Knee replacement surgery with the Mako robotic system (see below)



Granville, Iowa, native Paul Von Arb had his first surgery at age 91. No "simple" surgery, mind you. Paul had a total hip replacement.

And just as this was Paul's first surgical procedure ... it was also the first hip replacement surgery at Orange City Area Health System. He and a 30-year-old patient were the first to get "new hips" in our Surgery Center on October 8, 2025.

Orthopedic surgeon Dr. Daniel Nelson now performs this important surgery two weeks each month in Orange City.

Paul credits hard work and a good attitude for his long and healthy life. He also acknowledges that family, friends, church, community ... and a great health system ... have helped him get back to doing what he loves.



**"Doc ... you've given me my life back!"**

**Paul Von Arb, Granville**

Read Paul's story here, including his experience with hip surgery:



our story?

**Human Tech**

**100** Knees

Dr. Josh Locker performs approximately 100 knee replacement surgeries per year at OCAHS. The Mako Total Knee surgical robot is an advanced approach to joint replacement that offers the potential for a higher level of patient-specific implant alignment, often leading to quicker recoveries.



**Orthopedic surgeries:**  
*from ACL repairs, to shoulder, knee, and hip replacements*

Dr. Daniel Nelson started doing hip replacement surgeries in our Surgery Center on October 8, 2025.

The first two surgeries that day were for 91-year-old Paul Von Arb (who shares his story above and online) and a 30-year-old female.

Dr. Josh Locker (previous page) offers other orthopedic surgeries, including shoulders and knees.







Our team – throughout our health system, and on each campus – are ambassadors for our Core Values: Integrity, Commitment to Excellence, Dedicated Colleagues, and Extraordinary Customer Experience.

**635**  
*employees*

It's not only evident in the national awards we receive from year to year, but more importantly in the direct feedback we get from the patients, residents, and families we serve. Here are just a few of the (hundreds of!) comments we've received from recent surveys:

*"I felt like the staff prioritized my health while also listening to and respecting the requests I had for how I wanted my birth to go."*

*"It was an experience that gave me confidence and satisfaction."*

*"People are very friendly, welcoming, and helpful."*

*"While there are other hospitals and clinics closer to us, it's worth the drive to receive such great healthcare!"*

*"We had such a smooth experience – from getting checked in and brought back to the private room. Everyone was so kind to our child who was having surgery, and he left with a positive experience."*

*"Always get good care, and the staff is polite and understanding."*

**112**

The number of different positions/jobs throughout our health system.



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# Human



Sarah Jungers joined our team, assuming the new role of Director of Foundation and Community Relations. She oversees our Volunteer Services program, Auxiliary, the Gift Garden, and our Foundation – areas that provide crucial fundraising and philanthropic support, community outreach and charitable giving, and compassionate care for patients, residents, and families.

**134**  
*volunteers*

Our 134 volunteers serve in many areas throughout our health system, donating 10,500+ hours per year – saving the organization \$200,000 annually.

Linda Te Grotenhuis was recognized this past year as our Volunteer of the Year.



**\$30,000**

Thanks to the support of "shoppers" in our area, two 6-passenger "golf cars" for our Senior Care campus were purchased through Gift Garden sales and Auxiliary fundraisers.



# Touch.

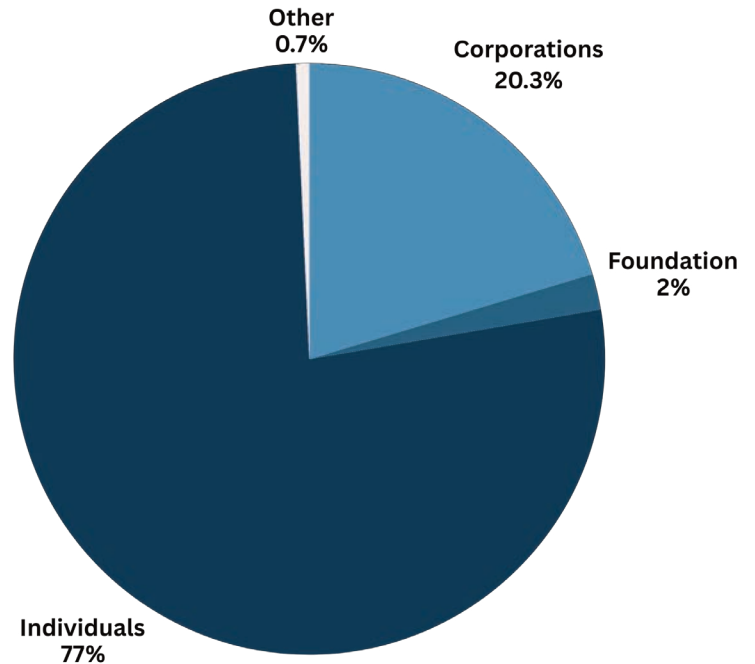


"Employee Giving" through the Foundation helped purchase new chairs for our Infusion Center in 2025, enhancing patient comfort and support.



Gift Garden sales contributed another \$16,000 to purchase two additional Infusion Center chairs.

## Sources of Support and Revenue:



## Mission & Initiatives

Orange City Area Health Foundation's mission is to support the work of Orange City Area Health System through philanthropy and community engagement, ensuring the health and well-being of the area.

- Twenty-six percent of Orange City Area Health System employees participated in the Foundation's first-ever Employee Giving Campaign. Employees can donate to the HOPE (Helping Our People Endure) fund, the area of greatest need, or to help purchase new warming and massage infusion chairs.

## Be a Difference Maker

There are a number of ways you can support the mission of the Orange City Area Health Foundation – from monetary donations to donations of time and more. If you'd like to discuss how you can make a difference at Orange City Area Health System, please reach out to Sarah Jungers at (712) 737-5349 or [sarah.jungers@ochealthsystem.org](mailto:sarah.jungers@ochealthsystem.org).

- HOPE grants were given to nine employees to help them during times of hardship or crisis.

- The Foundation's 30th Annual Golf Classic fundraiser presented \$3,000 scholarships to each of two nursing students at Dordt University and Northwestern College, and two additional \$2,500 scholarships to refugee nursing students from Sudan as part of Northwestern College's Displaced Students Scholarship Fund.



# \$29,000

Variety – the Children's Charity of Iowa granted a gift valued at nearly \$29,000 for the funding of a Panda Warmer and 504 Halo SleepSacks for our Birth Center.





\*\*\*\*ECRWSEDDM\*\*\*\*

Local  
Postal Customer

# twenty *twenty-five*

## Twenty things to check out inside our 2025 Annual Report to our Communities

Marty's message, 2 • By the numbers, 3 • Meet da Vinci, 4 • The latest imaging technology, 5 • A story "from the heart," 5 • Cardiac rehab is moving, surgery expanding, 5 • All about the babies, 6 • Moms' stories, 6-7 • Cool new Lab technology, 7 • A solution to your sleep problems, 7 • Botox for migraines, 8 • Pain management, 8 • Jerry's shoulder story, 8 • Lyle's new knee, 9 • First hip replacement patient tells his tale, 9 • Orthopedics, 8-9 • Our dedicated colleagues, 10 • Volunteers & Auxiliary, 11 • Donations, gifts, grants ... benefit babies and seniors, 12 • Foundation by the numbers, 12

### As this goes to press, we have 89 employees in our "20-year Club" with a total of 2,300 years of experience for our health system:

Alissa Schuiteman	Emily Krosschell	Marty Guthmiller
Alyssa Peters	Glenda Altena	Mary Bruns
Amy Vander Zwaag	Gretchen Bosma	Mary Lundgren
Angie Zomermaand	Gwen Peters	Michelle Hadley
Ann Goth	Jaci Boogerd	Michelle Plendl
Audrey Meyer	Jane McInnis	Michelle Vaas
Brad Zwart	Jane Vanden Brink	Nancy Kroeze
Carrie Keunen	Janet Hansen	Olivia Chapman
Cathy Klemme	Janice Hamming	Pam Helmrichs
Cheryl Tracy	Jennifer Miedema	Patty De Kock
Chrissy Overmohle	Jessica Gesink	Paula Rueter
Cindy Hansen	Julie Pottebaum	Roxy Dykstra
Cindy Pottebaum	Julie Shoberg	Sarah Van Wyk
Cora Haverdink	Karie Stamer	Sarah Vande Voort
Danelle Strubbe	Kelly Schmidt	Scott De Kock
Darla Pike	Keri Oostra	Shannon Kramer
Deb Broek	Kristina Vander Stelt	Sharon Vermeer
Deb Peters	LaDonna De Vries	Shonda Wittrock
Denise Horkey	Larissa Van Dyke	Stacie Woelber
Doc Van Leeuwen	Laura Woelber	Stacy Wernimont-Diehl
Donna Morehead	Lauri Poppema	Stephanie Coady
Doree Wolfswinkel	Leah Herda	Steve Walhof
Doug Grossmann	Lisa De Groot	Sue Blankers
Doug Schuller	Lisa Krommendyk	Susan Tentinger
Dr. James Clemens	Lora Bonnema	Tim Mulder
Dr. John Weber	Lori Bloemendaal	Tory Theisen
Dr. Jonathan Grossmann	Lori Hansen	Tracy Kleinhesselink
Dr. Mark Turek	Lori Luscombe-McQuillen	Wanda Hoogendoorn
Dr. Steven Locker	LuAnn Croghan	Willard Van Vugt
Dyan Vander Sluis	Mark Pottebaum	

# 20 *Save the date*



In May of 2006, Orange City Area Health System opened the doors of its new "replacement" campus, thanks to the vision of the leadership and the support of the community. This "new" Main Campus was designed with privacy and total healing as its foundation, situated on 37 acres, including a pond, a healing garden, and a field of prairie grasses and wild flowers. This May, we celebrate 20 years of serving at this location, and we invite you to join us for a special event on May 21. Watch for details on social media, our website, and in area media.

